

## IN-OFFICE ORAL SEDATION INSTRUCTIONS

### Introduction:

Oral sedation is a management technique that uses medications to help your child cope with a fear or nervousness they may have, therefore making his/her dental treatment a positive experience. We recommend oral sedation for patients who are anxious, very young, or have a condition limiting their ability to cooperate during treatment. Once treatment is completed we will dismiss your child when they are alert and ready to go. We are confident this is a safe and effective way to help your child receive the necessary treatment. Your cooperation is essential in order for treatment to be successful. **Please read and follow these instructions carefully.**

### Instructions: (please initial each item)

\_\_\_\_\_ **DIET:** In order to work effectively and safely the medication must be given on an empty stomach. You will be given a morning appointment because **your child cannot have anything to eat or drink after midnight the night before his/her appointment.** This is very important for the safety of your child. If your child does not arrive to the appointment with an empty stomach, we will have to reschedule the visit.

\_\_\_\_\_ **MEDICATIONS:** The sedative takes about 45min-1hr to have its desired effect, so your doctor will dispense the medication approximately one hour before the dental work is scheduled. Your child will then be able to relax in a quiet environment with you until the dental work begins. Your child may sleep through the procedure, and will be closely monitored by the assistant as well as the doctor. Please arrive on time for the appointment.  
Your **arrival** time is \_\_\_\_\_.

\_\_\_\_\_ **HELPFUL SUGGESTIONS:** Please remind your doctor of any other medicines your child takes on a regular basis as well as any known drug allergies or medical conditions. While it may not seem important to notify us of other medical issues, it is very important we receive all medical information in order to provide the safest dental care for your child. Your child will most likely receive Demerol along with either Phenergan or Hydroxyzine, so please advise the doctor if your child has had an adverse reaction to any of these drugs.

\_\_\_\_\_ **WHEN TO CALL THE DOCTOR:** If your child becomes ill the week prior to the scheduled appointment, please call the office at 512-451-8310 to see if we need to reschedule the visit. We want your child to be feeling their best the morning of the appointment!